Information about Food and Toilet





Eating

- I will sit for snack time.
- I can tell you what I like to eat.
- I can use a spoon to scoop up my food.
- I can eat with a spoon and poke food with a fork.

Toilet

- I will sit down on the toilet to wee
- I will need help with my trousers and pants.
- I usually only poo in a nappy.

Sensory Sensitivities

(Highlight any significant sensory differences or needs)



- I enjoy playing with toys that light up, make sounds and especially those that move.
- I enjoy messy play and sensory activities.
- I like to feel textures and play with messy play e.g. sand, water, mud, soap, glue, glitter and paint.
- I like to touch people's hair and skin.
- I may not tell you if I am hurt.
- I find it hard to recognise signs of danger.

My favourite things are:



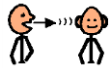
- Alphabet
- Water play
- Songs
- Blocks
- Playing outside
- Books
- Buses
- Wheels/doors
- Blocks falling
- Photographs of friends and family

Name:

Things that I don't like are:



- Activities involving large groups.
- Not being able to communicate my needs and wants.
- Bugs that fly around like flies and wasps. These scare me.



Communication and Visuals

How I like to communicate and visual supports that I need

- I use eye contact sometimes.
- I use gestures such as pointing and guiding your hand to objects.
- I repeat a lot of what is said to me. This is called echolalia. It helps me process information.
- I can communicate with a few words when I want something like 'water' and 'outside'.
- I sometimes use pictures to tell you what I need
- I like to use a visual schedule. It helps me understand what is happening. I can post the symbol into the red pouch when
- Something is finished.





Emotional Regulation:

How I stay calm and happy



Please DO	Please try not to
• Give me clear instructions. • Sing instructions to me. • Ask how I am feeling. • Give me time to do things myself. • Listen to my body language. For example, hen I turn my head away, it usually means I don't like something.	• Let me get my clothes wet or dirty. • Let me eat playdough. • Let me put small objects in my mouth. • Take me places where there are strong smells. This might bother my senses.

EXAMPLE