UNIVERSAL PLUS is a central 'one-stop-shop' way of accessing a wealth of support and programmes for families that operate out of children's centres.

The Pre-school Inclusion Team are promoting referrals to children's centres via Universal Plus as a way of supporting families who may need a bit of extra help in a variety of different areas. The following list is not comprehensive, but services offered by children centres could include:

- family support including help with older siblings
- sleep training support toilet training support
- debt help and financial planning
- parenting classes
- healthy eating support for all the family
- fathers' groups
- stay and play sessions
- speech and language therapy drop-in sessions
- health visiting services
- and so on

It is recommended that all families whom you feel may need some extra support are referred because the support given by the children's centre is free, impartial and personalised to the family's need. Parental permission to refer must be sought before referring a family. If you have any questions about referring, please contact your Area SENCO.

In order to refer a family, there is a short, online form that can be found by following the link below.

https://account.barnet.gov.uk/Forms/Home/Redirector/Index/?id=6a2ac067-3322-46e5-96e4-16c0c214454a&mod=OA&casetype=BAR&formname=UNIVPLUS

Please note that you should gather all the information about the family (address details, date of birth of the child etc.) before you start filling in the form as the form is time limited.

Please note that these services are for children and families whom you feel may need some extra support. If you have concerns about a child's welfare 'universal plus' would not be appropriate. In that case you should follow your usual child protection procedures.