Health Care Plan Information

General Information

- Feeding and drinking plans need to be separate from health care plan
- If children are not having feeds at nursery, they do not need a health care plan
- Information about the Barnet Special School Nursing Service can be found on the local offer at: https://www.barnetlocaloffer.org.uk/pages/home/information-and-advice/how-to-get-help/how-health-services-can-help
  All enquiries should be directed to Clcht.spschnursing.barnet@nhs.net
- Any child with medical needs should be referred via multi-agency referral meeting to The Physical Disabilities/Complex Medical Needs Team. Their criteria for involvement is based on the needs of the child (physical and/or medical); they will need a referral which must be as descriptive as possible and with parental consent. Anyone can refer to the team.
- Once a referral is received the team would make contact with the nursery for a visit; usually they would be able to offer a visit within 6 weeks or less.
- **Storage of medication** – Both prescription and non-prescription medicines can only be administered where written permission has been obtained from the child's parent or carer. All medicines should be stored safely (away from children's reach) and appropriately in accordance with product instructions and in the original container. Medicines should only ever be accepted in their original containers and should be clearly labelled with their contents, the child's name and the dosage. Where a child needs two or more prescribed medicines, each should be in a separate original container. Some medicines will need to be refrigerated. They can be kept in a fridge containing food but should be in an airtight container and clearly labelled; there should be restricted access to any fridge holding medicines. Large volumes of medicines should not be stored. Staff should only store, supervise and administer medicine that has been prescribed for an individual child. Please note that medicines which might be needed quickly in an emergency, such as asthma inhalers and adrenaline pens, should not be locked away.
- The setting should draft a 'managing medicines' policy.
- If you require further guidance, please have a look at the statutory guidance from the DfE https://www.gov.uk/government/publications/supporting-pupils-at-school-with-medical-conditions--3 though Early years settings should continue to apply the Statutory Framework for the Early Years Foundation Stage.
- The government has a useful document on supporting children with medical conditions.
- https://www.gov.uk/government/publications/supporting-pupils-at-school-with-medical-conditions--3/supporting-pupils-with-medical-conditions-links-to-other-useful-resources--2

Medical Conditions

Dysphagia
Follow advice from the dietician and feeding Speech therapist regarding thickener and feeding plan. This plan will be in addition to the health care plan.

Gastrostomy
For children needing gravity or bolus feeding, the nursing team can do the training. If pump fed, an Abbots referral is needed and this will be done by the dietician. Training for gastrostomy will come from the Community Homecare Team

Oxygen dependent children
Community Homecare Team to support training and health care plan.

Suctioning
Community Homecare Team will support training and health care plan with regards to suctioning.

Diabetes
The child will have a Diabetes nurse who will be linked to the hospital they are treated at. The Diabetes nurse should be contacted to support writing the health care plan. The charity **Diabetes UK** has useful information and can be contacted on their helpline 0345 123 2399 or visit their website https://www.diabetes.org.uk/professionals

Epilepsy
Children supported by Barnet hospital can have support from the Epilepsy nurse. The royal free employed a new nurse who can be contacted on:
rf-tr.paediatricepilespynurses@nhs.net

The training for all settings requiring Epilepsy Training:-
Epilepsy Basic Course - Buccal Midazolam Training - 2hr Course | Skills Training Centre

The following websites also have online training:

Young Epilepsy - www.youngepilepsy.org.uk
Helpline: 01342831342 Monday-Friday: 9am-3pm
Email: helpline@youngepilepsy.org.uk

Epilepsy Society www.epilepsysociety.org.uk
Helpline 01494 601 400 Monday-Tuesday: 9am-4pm Wednesday: 9 am-7.30pm
Email: helpline@epilepsysociety.org.uk

Epilepsy Action www.epilepsy.org.uk
Helpline 0808 800 5050 Monday-Thursday: 8.30am-8pm
Friday: 8.30am-4.30pm Saturday: 10 am–4 pm Email: helpline@epilepsy.org.uk

Nurseries can have training on how to administer the recovery medication, Buccal midazolam, however it was recommended in any case that they call an ambulance even when the child is under an epilepsy nurse.

A template for a care plan for children with Epilepsy can be accessed on the link: https://healthmatters.clch.nhs.uk The care plan needs to include seizure presentation i.e. what the child looks like when they are having a seizure.

If a child is given Diazepam or Paraldehyde this will be initiated by the neurologist or paediatrician with a specific outline plan.

In most cases the child will have an epilepsy nurse and they will contact the nurseries first and advise on training etc.

If a child is a mover into the area the nursery will need to contact the child's GP and to refer them into the borough.

A nursery might want to request a school's pack from Young Epilepsy or Epilepsy Action which contains lots of information, however there may be a charge. Online training can also be accessed at https://www.youngepilepsy.org.uk/guide-for-schools/

Allergies
Epi pen information can be found in first aid training pack.

Eczema
Follow advice from the GP or dermatologist and add it to a health care plan. Intimate care plan may be needed depending on where the cream is needed to be applied.

Asthma
Add information from the GP to a health care plan.