Barnet Children's Therapies

Universal Training Menu

We are pleased to share with you the universal training menu for Autumn Term 2026

- **Online Training Videos** – ***watch any time***
- **Online Training Sessions** – ***book to attend***

Please contact whh-tr.barnetcit@nhs.net or 020 3316 8900 with any queries

This menu can be downloaded from https://www.whittington.nhs.uk/document.ashx?id=15232

Online Training Videos

Click on the titles to view

Online Training Videos - Supporting Sensory Differences

Part 1 – Introduction to Sensory Processing and Sensory Differences

Learn about sensory processing and how this impacts children and young people

(20 mins)

Part 2 – Sensory Processing Supporting Functional Skills

Learn about sensory processing, arousal levels and strategies to support student participation

(18 mins)

Supporting schools with the sensory environment

Consider how to create an appropriate sensory environment

(22 mins)

Sensory Circuits

How to implement sensory circuits at school, including when & how to write a sensory plan

(24 mins)

Online Training Videos - Other Topics

Supporting Independence with Toileting

Understand common difficulties with toileting. Learn strategies to use in school to support, Consider sensory processing and toileting

(11 mins)

Developing Self-Care Skills for Adolescents

Common difficulties and the importance of supporting at home, Consider the impact of sensory differences

(11 mins)

Food Explorers

Understanding how sensory processing differences impact on eating and drinking. learn about how to support children to explore their interest in food and eating through play, -consider your child's feeding behaviour and different methods/equipment for feeding

(40 mins)

Supporting Sleep

Is your child struggling to settle to sleep or stay asleep at night? -Join this training to learn about the stages of sleep, and evidence-based strategies that you can implement to support healthy sleeping habits and bedtime routines - For ages 2-11 years old

(58 mins)

Early Hand Skills

Introduction to fine motor skills. Learn strategies to support your child's development with daily activities and using cutlery

(13 mins)

Supporting Children who have Hypermobility

Learn about what is Hypermobility, how to manage Hypermobility, and how it impacts on everyday functional activities

(28 mins)

Alternative means to recording information – Supporting Handwriting Difficulties

Is your child having difficulties with handwriting? Learn about common handwriting difficulties and alternative ways to record information

(13 mins)

Online Training Sessions

- All sessions are FREE
- Training is for anyone supporting a child or young person with relevant needs
- To book a place on a course, click on the **Eventbrite link** for the Event
    - On the Eventbrite site, enter your name + email address
    - You will be emailed the MS Teams link to the session 2 days before
    - Please check the link works before the session
    - You can share the link with others
    - For some events you will need to watch a training video before the session. These events are indicated by ⓘ
    - We will ask for your details during the session to record attendance

- Booking on Eventbrite closes before the session starts, but you can still contact us to ask for a link
- Contact whh-tr.barnetcit@nhs.net or 020 3316 8900 with any queries
- This document is available to download from https://www.whittington.nhs.uk/document.ashx?id=15232

Online Training Sessions Calendar – Autumn 2026

Online Training **Autumn 2026**	**Training Sessions** **please book a place through Eventbrite :**

10th September 2026 11:30-12:30	**Understanding the impact of trauma on SLCN**	
Parents / Carers Staff working with Looked after Children	***Aims:*** *• Learn about the impact of early life trauma and ACE's (Adverse Childhood Experiences) on speech, language and communication.* *• Consider the link with emotions and behaviour and strategies you can use to support*	***To Book:*** https://www.eventbrite.co.uk/e/understanding-the-impact-of-trauma-on-slcn-tickets-1993745261748?aff=oddtdtcreator

15th September 2026 13:00-14:00	**Supporting Independence with Toileting - For Parents**	
Parents / Carers	***Aims:*** *• Learn practical strategies to support with toilet training* *• Understand more about how developmental milestones, sensory needs and behaviour can impact on toilet training* *• Consider common challenges and solutions to create a consistent approach at home and school*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-independence-with-toileting-for-parents-tickets-1993745615807?aff=oddtdtcreator

15th September 2026 15:30-16:30	**Inclusion for children and young people who stammer**	
Parents / Carers Early Years Staff School Staff Other Professionals	***Aims:*** *Learn how to -* *• create an environment that communicates the message – it is ok to stammer.* *• build pupils' confidence about their communication abilities whether speaking fluently or with stammering.* *• adapt demands of typical speaking situations to suit individual needs.*	***To Book:*** https://www.eventbrite.co.uk/e/inclusion-for-children-and-young-people-who-stammer-tickets-1993745473381?aff=oddtdtcreator

15th September 2026 15:30-16:30	**Supporting independence with toileting - For School Staff**	
Early Years Staff School Staff Other Professionals	***Aims:*** *• Learn practical strategies to support with toilet training* *• Understand more about how developmental milestones, sensory needs and behaviour can impact on toilet training* *• Consider common challenges and solutions to create a consistent approach at home and school*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-independence-with-toileting-for-school-staff-tickets-1993745601765?aff=oddtdtcreator

16th September 2026 10:00-11:00	**Eating Skills and Food Textures**	
Parents / Carers School Staff Other Professionals	***Aims:*** *This is a training session on understanding the skills needed to safely eat certain textures and how to promote those skills*	***To Book:*** https://www.eventbrite.co.uk/e/eating-skills-and-food-textures-tickets-1993745780299?aff=oddtdtcreator

16th September 2026 13:00-14:00	**Supporting hand function for Early Years and KS1**	
Parents / Carers Early Years Staff School Staff Other Professionals	***Aims:*** *This will include information for parents and education staff about the development of pre-writing forms, supporting the development of a functional pencil grip and activities to get your child ready to use scissors. Play ideas will be included to promote hand strength/ grasp patterns and the use of two hands together.*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-hand-function-for-early-years-and-ks1-tickets-1993745818413?aff=oddtdtcreator

17th September 2026 10:00-11:00	**Introduction to Sensory Based Functional Needs**	
Parents / Carers Early Years Staff School Staff Other Professionals	***Aims:*** *To look at what are you and your child are struggling with on an everyday basis. Why? How sensory processing difficulties can present. Differentiating between sensory and behaviour. General strategies on how to try and manage difficulties with sensations*	***To Book:*** https://www.eventbrite.co.uk/e/introduction-to-sensory-based-functional-needs-tickets-1993745894641?aff=oddtdtcreator

18th September 2026 15:00-16:00	**Verbal Reasoning-What is it and why is it important?**	
Parents / Carers School Staff Other Professionals	***Aims:*** *• Learn about how verbal reasoning impacts language, learning and everyday tasks - Learn practical strategies to use to support the child/young person*	***To Book:*** https://www.eventbrite.co.uk/e/verbal-reasoning-what-is-it-and-why-is-it-important-tickets-1994132077725?aff=oddtdtcreator

22nd September 2026 14:00-15:00	**Developmental Language Disorder - An Overview**	
Parents / Carers School Staff Other Professionals	***Aims:*** *• What is DLD?* *• What is impact of DLD?* *• How to identify and support children and young people with DLD*	***To Book:*** https://www.eventbrite.co.uk/e/developmental-language-disorder-an-overview-tickets-1993746148400?aff=oddtdtcreator

23rd September 2026 09:30-10:30	**Introduction to Paper Based AAC**	
Parents / Carers School Staff	***Aims:*** *In this training we will be introducing the ideas behind core boards and how to use a core vocabulary approach in AAC. We'll also share some ideas for implementation.*	***To Book:*** https://www.eventbrite.co.uk/e/introduction-to-paper-based-aac-tickets-1993746057127?aff=oddtdtcreator

23rd September 2026 15:30-16:30	**Secondary School Comprehension - Support Understanding Classroom Language**	
Parents / Carers Secondary School Staff Other Professionals	***Aims:*** *Learn more about receptive language needs and how you can support children in the classroom*	***To Book:*** https://www.eventbrite.co.uk/e/secondary-school-comprehension-support-understanding-classroom-language-tickets-1993746190526?aff=oddtdtcreator

24th September 2026 13:00-14:00	**Key word signing-School Aged**	
Parents / Carers Primary School Staff Other Professionals	***Aims:*** *• Understand the importance of non-verbal communication,* *• Learn a range of signs to use with children in the classroom* *• Consider how to use signing to support children's communication skills*	***To Book:*** https://www.eventbrite.co.uk/e/key-word-signing-school-aged-tickets-1993746222622?aff=oddtdtcreator

28th September 2026 09:30-10:30	**Supporting Early Attention Skills**	
Parents / Carers, EY Staff Primary School Staff Other Professionals	***Aims:*** *Learn about how attention in children develops and the principles of how to run attention -based groups. We will include intervention ideas and signpost to useful resources and related training*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-early-attention-skills-tickets-1993746369060?aff=oddtdtcreator

28th September 2026 15:30-16:30	**Supporting Receptive Language Targets - Primary School**	
Parents / Carers Primary School Staff Other Professionals	***Aims:*** *• Understand receptive language targets and how you can work on these with children you are supporting* *• Discuss activities you can use within your setting to work on these targets* *• Get support with any receptive language targets you have been provided with*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-receptive-language-targets-primary-school-tickets-1993746080196?aff=oddtdtcreator

29th September 2026 14:00-15:00	**Communication Interactive Resource - What is it and how to use it**	
Primary school staff Secondary school staff	***Aims:*** *Find out more about the BCIT Communication Interactive Resource*	***To Book:*** https://www.eventbrite.co.uk/e/communication-interactive-resource-what-is-it-and-how-to-use-it-tickets-1993746428237?aff=oddtdtcreator

30th September 2026 15:00-16:00 Parents / Carers School Staff Other Professionals	**Advanced Paper Based AAC (Augmentative & Alternative Communication)** ***Aims:*** *Aimed at staff and parents/carers already using paper-based ACC (e.g. core boards, aided language displays and communication books)*	***To Book:*** https://www.eventbrite.co.uk/e/advanced-paper-based-aac-augmentative-alternative-communication-tickets-1993746514495?aff=oddtdtcreator
2nd October 2026 09:00-10:00 Parents / Carers Early Years Staff School Staff Other Professionals	**Supporting children with Motor Coordination difficulties** ***Aims:*** *Understand more about motor coordination difficulties and strategies to use to support*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-children-with-motor-coordination-difficulties-tickets-1993746539570?aff=oddtdtcreator
5th October 2026 10:00-11:00 Parents / Carers School Staff Other Professionals	**Emerging Communicators - support pre- & early-intentional communication** ***Aims:*** *This training is aimed at parents, carers and teaching staff in specialist settings supporting children with complex physical/multisensory needs who are pre-intentional or emerging intentional communicators.* *• To gain an understanding of how communication develops,* *• To consider communication in the context of neurodevelopment / additional complex needs,* *• Shaping behaviour into meaning, Ideas and Activities to support emerging communication*	***To Book:*** https://www.eventbrite.co.uk/e/emerging-communicators-support-pre-early-intentional-communication-tickets-1993746559630?aff=oddtdtcreator

5th October 2026 10:00-11:00	**Using Colourful Semantics**	
Parents / Carers Primary School Staff Other Professionals	***Aims:*** *Learn about using Colourful Semantics to support functional communication*	***To Book:*** https://www.eventbrite.co.uk/e/using-colourful-semantics-tickets-1993746580693?aff=oddtdtcreator

6th October 2026 10:00-11:00	**Developing Vocabulary**	
Parents / Carers Primary School Staff Other Professionals	***Aims:*** *• Learn about the importance of vocabulary development* *• How to select new vocabulary words for your child* *• To learn different methods and strategies to support vocabulary development*	***To Book:*** https://www.eventbrite.co.uk/e/developing-vocabulary-tickets-1994132395676?aff=oddtdtcreator

6th October 2026 14:00-15:00	**Supporting the development of young children's language**	
Parents / Carers Early Years Staff Other Professionals	***Aims:*** *Learn about how language develops, how to support language and communication skills in children under 5, the importance of interaction and play, and strategies you can use*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-the-development-of-young-childrens-language-tickets-1993746615798?aff=oddtdtcreator

7th October 2026 15:00-16:00	**Supporting High Tech AAC Users (Augmentative and Alternative Communication)**	
Parents / Carers Staff	***Aims:*** *Staff and parents/carers already using paper based AAC (e.g. core boards, aided language displays and communication books).* *Join and ask any questions*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-high-tech-aac-users-augmentative-and-alternative-communication-tickets-1993746682999?aff=oddtdtcreator

7th October 2026 15:30-16:30	**Secondary School Vocabulary - supporting students to learn & remember words**	
Parents / Carers Secondary School Staff Other Professionals	***Aims:*** *Learn strategies to use to support vocabulary development*	***To Book:*** https://www.eventbrite.co.uk/e/secondary-school-vocabulary-supporting-students-to-learn-remember-words-tickets-1993746740170?aff=oddtdtcreator

8th October 2026 09:30-10:30	**ⓘ Supporting Children with Speech Sound Difficulties in Early Years and Primary**	
Parents / Carers Early Years Staff Primary School Staff Other Professionals	***Aims:*** *A Q&A session for those who have already watched the pre-recorded training video "Supporting Children with Speech Sound Difficulties". Ask questions about typical and atypical speech development and how to support children's speech sound development.*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-children-with-speech-sound-difficulties-in-early-years-primary-tickets-1993746768254?aff=oddtdtcreator

ⓘ *Pre-recorded training video. Please watch before Session*

https://vimeo.com/1201447793/24f30cc0d0?share=copy&fl=sv&fe=ci

12th October 2026 13:30-14:30	**Tool use for KS1 and KS2**	
Parents / Carers Primary School Staff	***Aims:*** *This will include information about Pencil grip development, Scissor skills and Knife and fork use*	***To Book:*** https://www.eventbrite.co.uk/e/tool-use-for-ks1-and-ks2-tickets-1993746946788?aff=oddtdtcreator

13th October 2026 09:00-10:00 Parents / Carers Primary School Staff Secondary School Year 7	**Supporting your child's (6–12yo) self-care skills + motor skill challenges** ***Aims:*** *We will be discussing how motor skill challenges can impact on the child's participation in self-care activities such as dressing, toileting, feeding themselves, etc. and look at strategies on how to meet your child's needs to help them better engage in their self-care skills. how to meet your child's needs to help them better engage in their self-care skills.*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-your-childs-612yo-self-care-skills-motor-skill-challenges-tickets-1993746905665?aff=oddtdtcreator
14th October 2026 12:30-13:30 Primary School Staff Other Professionals	**Supporting Social Communication in Primary School** ***Aims:*** *Learn about how to support a child's social communication skills at school*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-social-communication-in-primary-school-tickets-1993746926728?aff=oddtdtcreator
14th October 2026 15:30-16:30 Parents / Carers Early Years Staff School Staff Other Professionals	**Supporting Early Language and Social Communication Skills** ***Aims:*** *• How do early language and social communication skills develop?* *• What strategies can you use to help develop these skills?*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-early-language-and-social-communication-skills-tickets-1994134398667?aff=oddtdtcreator
15th October 2026 09:30-10:30 Parents / Carers Early Years Staff School Staff Other Professionals	**Glue Ear - how to spot it and how to support?** ***Aims:*** *• Find out how to identify Glue Ear* *• learn about its effects* *• how to manage and support a child with Glue Ear*	***To Book:*** https://www.eventbrite.co.uk/e/glue-ear-how-to-spot-it-and-how-to-support-tickets-1993747138361?aff=oddtdtcreator

15th October 2026 10:00-11:00	**Key Word Signing for Early Communicators**	
Parents / Carers School Staff Other Professionals	***Aims:*** *• Understand the importance of non-verbal communication.* *• Learn a range of signs to use with children in the early stages of communication.* *• Understand how to use signing to support children's communication skills*	***To Book:*** https://www.eventbrite.co.uk/e/key-word-signing-for-early-communicators-tickets-1993747214589?aff=oddtdtcreator
20th October 2026 10:00-11:00	**Supporting the Sensory Environment and Sensory Spaces**	
Parents / Carers Early Years Staff School Staff Other Professionals	***Aims:*** *Explore practical strategies to adapt home, classroom, and play environments to reduce sensory overload and support focus, comfort, and engagement*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-the-sensory-environment-and-sensory-spaces-tickets-1993747260727?aff=oddtdtcreator
21st October 2026 10:00-11:00	**Eating Skills and Food Textures**	
Parents / Carers School Staff Other Professionals	***Aims:*** *This is a training session on understanding the skills needed to safely eat certain textures and how to promote those skills*	***To Book:*** https://www.eventbrite.co.uk/e/eating-skills-and-food-textures-tickets-1993747397135?aff=oddtdtcreator
22nd October 2026 09:00-10:00	**Food Explorers**	
Parents / Carers Early Years Staff Primary School Staff Other Professionals	***Aims:*** *• Understand how sensory processing differences impact on eating and drinking, - • Learn about how to support children to explore their interest in food and eating through play* *• Consider your child's feeding behaviour and different methods/equipment for feeding*	***To Book:*** https://www.eventbrite.co.uk/e/food-explorers-tickets-1993747450294?aff=oddtdtcreator

22nd October 2026 14:00-15:00 Parents / Carers Primary School Staff Other Professionals	**ⓘ Multisensory Storytelling** ***Aims:*** *This training is aimed at supporting children with complex needs.* *• We'll be looking at how and why sensory storytelling can support a child or young person's communication skills.* *• We will be sharing strategies to make storytelling engaging and motivating, so that it can become part of a daily routine.*	***To Book:*** https://www.eventbrite.co.uk/e/multisensory-storytelling-tickets-1993747471357?aff=oddtdtcreator
ⓘ *pre-recorded training video. Please watch before Session* https://vimeo.com/1171006602?share=copy&fl=sv&fe=ci		

4th November 2026 15:30-16:30 Parents / Carers Secondary School Staff Other Professionals	**Social Communication - Supporting Adolescent Conversations** ***Aims:*** *Understand more about social communication needs and strategies you can use to support conversation skills*	***To Book:*** https://www.eventbrite.co.uk/e/social-communication-supporting-adolescent-conversations-tickets-1993747607765?aff=oddtdtcreator

6th November 2026 09:30-10:30 Parents / Carers Early Years Staff School Staff Other Professionals	**Supporting Early Attention Skills** *Aims:* *Learn about how attention in children develops and provides the principles of how to run attention -based groups. We will touch on some intervention ideas and will provide signposting to useful resources and related training.*	*To Book:* https://www.eventbrite.co.uk/e/supporting-early-attention-skills-tickets-1993747624816?aff=oddtdtcreator

12th November 2026 11:00-12:00	**Understanding the impact of trauma on SLCN**	
Parents / Carers Staff working with Looked after Children	***Aims:*** *• Learn about the impact of early life trauma and ACE's (Adverse Childhood Experiences) on speech, language and communication.* *• Consider the link with emotions and behaviour and strategies you can use to support*	***To Book:*** https://www.eventbrite.co.uk/e/understanding-the-impact-of-trauma-on-slcn-tickets-1993747789308?aff=oddtdtcreator

13th November 2026 09:00-10:00	**Introduction to Sensory Based Functional Needs**	
Parents / Carers Early Years Staff School Staff Other Professionals	***Aims:*** *• What are you and your child are struggling with on an everyday basis. Why?* *• How do sensory processing difficulties present?* *• Understanding the links between sensory needs and behaviour.* *• Learn strategies to support difficulties with sensations*	***To Book:*** https://www.eventbrite.co.uk/e/introduction-to-sensory-based-functional-needs-tickets-1993747814383?aff=oddtdtcreator

17th November 2026 13:00-14:00	**Sensory Circuits and Daily Regulation Strategies**	
Parents / Carers Early Years Staff School Staff Other Professionals	***Aims:*** *• Learn about sensory circuits and movement-based activities that help children regulate their bodies and prepare for learning.* *• Learn how to structure simple sensory routines using alerting, organising, and calming activities that can be implemented at home or in school.*	***To Book:*** https://www.eventbrite.co.uk/e/sensory-circuits-and-daily-regulation-strategies-tickets-1993747848485?aff=oddtdtcreator

18th November 2026 12:00-13:00	**Supporting Executive Functioning difficulties**	
Parents / Carers School Staff Other Professionals	***Aims:*** *• Learn about the foundations of executive functioning skills, their impact on self-care tasks, and strategies to help children with executive functioning needs.* *• Gain practical tools to create a supportive environment*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-executive-functioning-difficulties-tickets-1993747869548?aff=oddtdtcreator

23rd November 2026 10:00-11:00	**Introduction to Paper Based AAC**	
Parents / Carers School Staff	***Aims:*** *In this training we will be introducing the ideas behind core boards and how to use a core vocabulary approach in AAC. We'll also share some ideas for implementation.*	***To Book:*** https://www.eventbrite.co.uk/e/introduction-to-paper-based-aac-tickets-1993747901644?aff=oddtdtcreator

26th November 2026 09:00-10:00	**All about Play**	
Parents / Carers Early Years Staff	***Aims:*** *An overview of play development and how it supports both communication and functional skills:* *• Understand how play supports social communication and language development • Learn about sensory processing and fine motor skill development* *• Explore strategies and activities to model play and select appropriate toys for home and nursery settings*	***To Book:*** https://www.eventbrite.co.uk/e/all-about-play-tickets-1993748030028?aff=oddtdtcreator

1st December 2026 15:30-16:30	ⓘ **Supporting Children with Speech Sound Difficulties in Early Years and Primary**	
Parents / Carers Early Years Staff Primary School Staff Other Professionals	***Aims:*** *This is a Q&A session for those who have already watched the pre-recorded training video "Supporting Children with Speech Sound Difficulties". Ask questions about typical and atypical speech development and how to support children's speech sound development.*	***To Book:*** https://www.eventbrite.co.uk/e/supporting-children-with-speech-sound-difficulties-in-early-years-primary-tickets-1993748070148?aff=oddtdtcreator

ⓘ *pre-recorded training video. Please watch before Session*

https://vimeo.com/1201447793/24f30cc0d0?share=copy&fl=sv&fe=ci

11th December 2026 12:00-13:00	**Self care in the Early Years**	
Parents / Carers Early Years Staff Primary School Staff Other Professionals	*Aims:* *We will be discussing how motor skill challenges can impact on child's participation in self-care activities such as dressing, toileting, feeding themselves, etc. and look at strategies on how to meet your child's needs to help them better engage in their self-care skills.*	*To Book:* https://www.eventbrite.co.uk/e/self-care-in-the-early-years-tickets-1993748184490?aff=oddtdtcreator